



the  
**FRUIT**  
of the Spirit

*a hands on study of Galatians 5:22-23  
helping families connect, play, learn  
& grow in God's Word together*

# THE LITTLES & ME

creating joyful homes that celebrate and play



Thank you for downloading the Camp Littles & Me Fruit of the Spirit: Kindness Packet. I hope that this is a valuable tool to help your family connect, play, learn, and grown in God's Word together.

I have spent many late nights, early mornings and nap times putting this together and I'm so thrilled to offer it as a resource to you. If you love it and want to share it with a friend I do ask that you would point them to my website so they can receive their own copy rather than just forwarding them the PDF.

If you want all of the fruits at once you can download The Fruit of the Spirit Pack for \$12 in my shop. It includes everything in an organized downloadable PDF PLUS so many other printables (activity instructions with images, helpful tips, introduction to the Fruit of the Spirit, coloring sheets, parent connect + reflect cards, matching game, verse cards, & more). The extra printables are only included when you purchase the pack!

(Purchase HERE: <http://bit.ly/TheFruitoftheSpirit>)

You are more than welcome to print as many copies of the included files as you need for your personal use only. I simply ask that you do not resell or redistribute this PDF in any way.

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Please feel free to reach out if you have any questions. We can't wait to celebrate and play with you!

 ashley

let's connect!  
[www.thelittlesandme.com](http://www.thelittlesandme.com)

     
@thelittlesandme

The Fruit of the Spirit Family Bible Pack  
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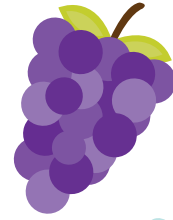
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For more tools to point your kids to Jesus, connect as a family, and celebrate the everyday moments of life, visit [www.thelittlesandme.com](http://www.thelittlesandme.com)



the **FRUIT** of the Spirit is

# KINDNESS



## MAIN IDEA

I can be kind and value others above myself because God shows me how.

## VERSE

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of others.

[Philippians 2:3-4, NIV]

## KINDNESS IS

love lived out. It is valuing others above myself by being friendly, loving, thoughtful, and considerate. When I am kind I really see others around me and look for opportunities to serve them like Jesus.

## READ

Zacchaeus  
(Luke 19)

Jesus Storybook Bible:  
The Man Who Didn't  
Have Any Friends (None)

## HANDS ON

Your Words are Like  
Toothpaste Object Lesson

## CREATE

Confetti Poppers  
(throw kindness  
like confetti!)

## MAKE

Frozen Grapes  
On a Stick

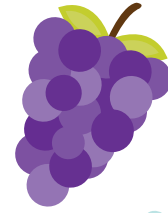
## FRUIT IN ACTION

Pick a random act of  
kindness to do with your family

# WEEKLY SUPPLY LIST

the **FRUIT** of the Spirit is

# KINDNESS



Activity

You'll Need

	Activity	You'll Need
<b>HANDS ON</b>	Your Words are Like Toothpaste Object Lesson	<ul style="list-style-type: none"><li>• New Toothpaste</li><li>• Construction Paper</li><li>• Tape</li><li>• Marker</li><li>• Plate</li></ul>
<b>CREATE</b>	Confetti Poppers (throw kindness like confetti!)	<ul style="list-style-type: none"><li>• Balloons</li><li>• Scissors</li><li>• Duct Tape</li><li>• Toilet Paper Roll (1 roll per person)</li><li>• Hole punch + colorful paper <small>(or you can purchase confetti at the store)</small></li><li>• Markers, Crayons, Stickers, Washi Tape, etc. to decorate the confetti poppers</li></ul>
<b>MAKE</b>	Frozen Grapes On a Stick	<ul style="list-style-type: none"><li>• Grapes</li><li>• Kebab Skewers</li></ul>
<b>FRUIT IN ACTION</b>	Pick a random act of kindness to do with your family	Supplies will vary depending on what you choose. Print out the Random Acts of Kindness List for ideas to get you started.

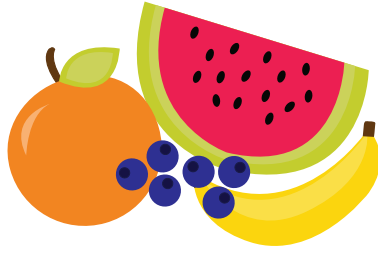
# KINDNESS

## *in action*



- 1 Create & deliver a snack box (with prepackaged snacks) to your local fire or police station
- 2 Send a “just because” card to let someone know you were thinking about them
- 3 Leave a surprise in your mailbox for your mail carrier
- 4 Deliver cold water bottles to construction workers in your community
- 5 Write kind words on rocks and leave them at the park
- 6 Donate toys & books to a local charity
- 7 Call a grandparent just to say hi
- 8 Write thank you notes or put together care packages for those who are serving our country in the military
- 9 Give a compliment to as many people as you can
- 10 Do a chore for a sibling
- 11 Create encouraging bookmarks to put in library books
- 12 Donate kids craft kits to a local children’s hospital
- 13 Take dinner to a friend or neighbor
- 14 Bring bubbles to the park and extras to share with other kids
- 15 Smile and say hello to everyone you see today
- 16 Send dessert to another table at a restaurant
- 17 Put away carts in the grocery store parking lot
- 18 Create blessings bags & put them in your car to deliver when you see someone in need
- 19 Deliver handmade cards to a local nursing home
- 20 Pick up trash at a local park

# EXTRA RESOURCES



*Looking for more tools to teach your kids about the fruit of the Spirit and point them to Jesus? I've put together a list for you of additional resources you might be interested in. It includes movies, videos, books, songs, and more!*

*Find the list here:*

<http://thelittlesandme.com/fruitofthespiritresources>

*As I find additional resources that I think you'll be interested in, I will add them to the page I shared above, so be sure to check back occasionally for updates.*

*Looking for coloring sheets, verse cards, a fruit of the Spirit matching game, and SO much more?*

*Purchase the Fruit of the Spirit Pack here:*

<http://bit.ly/TheFruitoftheSpirit>

*Enjoy!*