

the
FRUIT
of the Spirit

*a hands on study of Galatians 5:22-23
helping families connect, play, learn
& grow in God's Word together*

THE LITTLES & ME

creating joyful homes that celebrate and play



Thank you for downloading the Camp Littles & Me Fruit of the Spirit: Self-Control Packet. I hope that this is a valuable tool to help your family connect, play, learn, and grown in God's Word together.

I have spent many late nights, early mornings and nap times putting this together and I'm so thrilled to offer it as a resource to you. If you love it and want to share it with a friend I do ask that you would point them to my website so they can receive their own copy rather than just forwarding them the PDF.

If you want all of the fruits at once you can download The Fruit of the Spirit Pack for \$12 in my shop. It includes everything in an organized downloadable PDF PLUS so many other printables (activity instructions with images, helpful tips, introduction to the Fruit of the Spirit, coloring sheets, parent connect + reflect cards, matching game, verse cards, & more). The extra printables are only included when you purchase the pack!

(Purchase HERE: <http://bit.ly/TheFruitoftheSpirit>)

You are more than welcome to print as many copies of the included files as you need for your personal use only. I simply ask that you do not resell or redistribute this PDF in any way.

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Please feel free to reach out if you have any questions. We can't wait to celebrate and play with you!

 ashley

let's connect!
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The Fruit of the Spirit Family Bible Pack
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For more tools to point your kids to Jesus, connect as a family, and celebrate the everyday moments of life, visit www.thelittlesandme.com



the **FRUIT** of the Spirit is

SELF-CONTROL



MAIN IDEA

I can choose to control my actions, words, & responses.

VERSE

For God gave us a spirit not of fear but of power and love and self-control.

[2 Timothy 1:7, ESV]

SELF-CONTROL IS

saying no to things that are not good for me and yes to what is good for me. It means listening and acting how God wants me to rather than reacting or doing what I want to. It means fighting against the temptation to sin and keeping my emotions, thoughts, and actions in control.

READ

The Fall of Man
(Genesis 3)

Jesus Storybook Bible:
The Terrible Lie

HANDS ON

Blocks City
Object Lesson

CREATE

Self-Control
Bubbles
Activity

MAKE

Apple
Donuts

FRUIT IN ACTION

Brainstorm opportunities for you to control your actions, words, and responses this week. Maybe it's by using words to solve a problem instead of hitting, choosing to listen and not talk even if your friend won't stop, or singing a song while waiting instead of whining. Remember when you're tempted you can **STOP, THINK, & PRAY** for God to help you Obey Him.

WEEKLY SUPPLY LIST

the **FRUIT** of the Spirit is

SELF-CONTROL



Activity

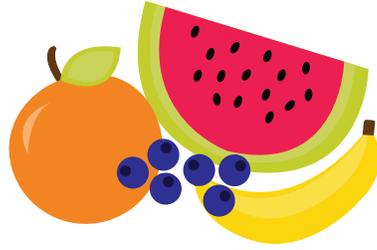
You'll Need

	Activity	You'll Need
HANDS ON	Blocks City Object Lesson	<ul style="list-style-type: none">• Blocks• Socks (1-2 per child rolled into a ball)
CREATE	Self-Control Bubbles Activity	<ul style="list-style-type: none">• Bubbles
MAKE	Apple Donuts	<ul style="list-style-type: none">• Apples• Knife• Apple Corer (optional)• Toppings (Yogurt, Peanut Butter, Granola, Fruit, Sprinkles, etc.)
FRUIT IN ACTION	<p>Brainstorm opportunities for you to control your actions, words, and responses this week.</p> <p>Remember when you're tempted you can STOP, THINK, & PRAY for God to help you obey Him.</p>	<ul style="list-style-type: none">• Print out the Stop, Think, & Pray Printable and put it up on your refrigerator as a reminder to ask God for help to control your actions, words, and responses.

SELF-CONTROL REMINDER PRINT

STOP
THINK
& PRAY
for help to obey

EXTRA RESOURCES



Looking for more tools to teach your kids about the fruit of the Spirit and point them to Jesus? I've put together a list for you of additional resources you might be interested in. It includes movies, videos, books, songs, and more!

Find the list here:

<http://thelittlesandme.com/fruitofthespiritresources>

As I find additional resources that I think you'll be interested in, I will add them to the page I shared above, so be sure to check back occasionally for updates.

Looking for coloring sheets, verse cards, a fruit of the Spirit matching game, and SO much more?

Purchase the Fruit of the Spirit Pack here:

<http://bit.ly/TheFruitoftheSpirit>

Enjoy!